

## **Get Fit**

### **“Getting the ‘O’ in Going H<sub>2</sub>O”**

#### **How Can I “Get” Spiritual Oxygen?**

**1. By getting mankind’s purpose.**

- **John 3:16:** *“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.”*
- **John 10:10:** *“I have come that they may have life, and have it to the full.”*
- **Rom 5:1:** *“...we have peace with God through our Lord Jesus Christ.”*

**2. By getting my spiritual problem.**

- **Rom. 3:23:** *“For all have sinned and fall short of the glory of God”*
- **Rom. 6:23:** *“For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.”*

**3. By getting God’s salvation plan.**

- **John 1:1-4:** *“In the beginning was the Word, and the Word was with God, and the Word was God. <sup>2</sup>He was with God in the beginning. <sup>3</sup>Through him all things were made; without him nothing was made that has been made. <sup>4</sup>In him was life, and that life was the light of men.”*
- **1 Tim. 2:5:** *“For there is one God and one mediator between God and men, the man Christ Jesus.”*
- **Rom. 5:8:** *“God demonstrates his own love for us in this: While we were still sinners, Christ died for us.”*
- **1 Pet. 3:18:** *“Christ died for sins once for all, the righteous for the unrighteous, to bring you to God.”*
- **Mark 1:15:** *“The time has come, he said. ‘The kingdom of God is near. Repent and believe the good news!’”*

**4. By getting God’s gift of eternal life - Place your faith in Christ today!**

- **Eph. 2:8-9:** *“For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God—<sup>9</sup>not by works, so that no one can boast.”*
- **John 1:12:** *“Yet to all who received him, to those who believed in his name, he gave the right to become children of God”*
- **Rom. 10:9-10:** *“If you confess with your mouth, ‘Jesus is Lord,’ and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup>For it is with your heart that you believe and are justified, and it is with your mouth that you confess and are saved.”*